

OLYMPIC GAMES 2024

THE OLYMPIC GAMES ARE HELD EVERY 4 YEARS TO RESPECT THE ANCIENT ORIGINS OF THE OLYMPIC GAMES, WHICH WERE HELD IN OLYMPIA. THE GAMES WERE POSTPONED IN 2020 DUE TO THE PANDEMIC AND HELD IN 2021. THREE YEARS LATER WE ARE HERE AGAIN IN PARIS, FRANCE FOR THE OLYMPIC GAMES.

THE GAMES ARE BEING HELD JULY 26TH- AUGUST 11TH, 2024!
EVERYTHING IN THIS GUIDE IS TO BE USED TO HELP YOUR CHILDREN MAKE A CONNECTION WITH THE OLYMPIC GAMES!



Thank you so much for your support!

DIGITAL DOWNLOAD

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IG @homeschoolingmoonchildren

www.homeschoolingmoonchildren.com

OLYMPIC GAMES TICKET

We all know you need a spectator ticket to the games!
Print out this ticket fill it out + enjoy the games with your kids!

what better way to get involved is setting up a snack bar, decor cheering on our country, and
ticket to our favorite event!

Currently at target and most stores there are "USA" themed snacks for the games



**LET'S JOIN THE WORLD + CHEER
FOR OUR ATHLETES!**

SPECTATOR:		
DATE:	TIME:	DESTINATION: PARIS, FRANCE
LOCATION:		



**CLAIM
FREE FAVORITE
SNACK+ DRINK**



OLYMPIC GAMES
CITUS, ALTIUS, FORTIUS - COMMUNIS

SPECTATOR :		
DATE :	TIME :	DESTINATION: PARIS, FRANCE
LOCATION :		



**SPECTATOR
RECEIPT**

EVENT: _____

WINNER: _____

SIGNATURE: _____

OLYMPIC MEDAL

tally



PARIS 2024



country

gold

silver

bronze

total

country	gold	silver	bronze	total

OLYMPIC MEDAL



tally

PARIS 2024



country

gold

silver

bronze

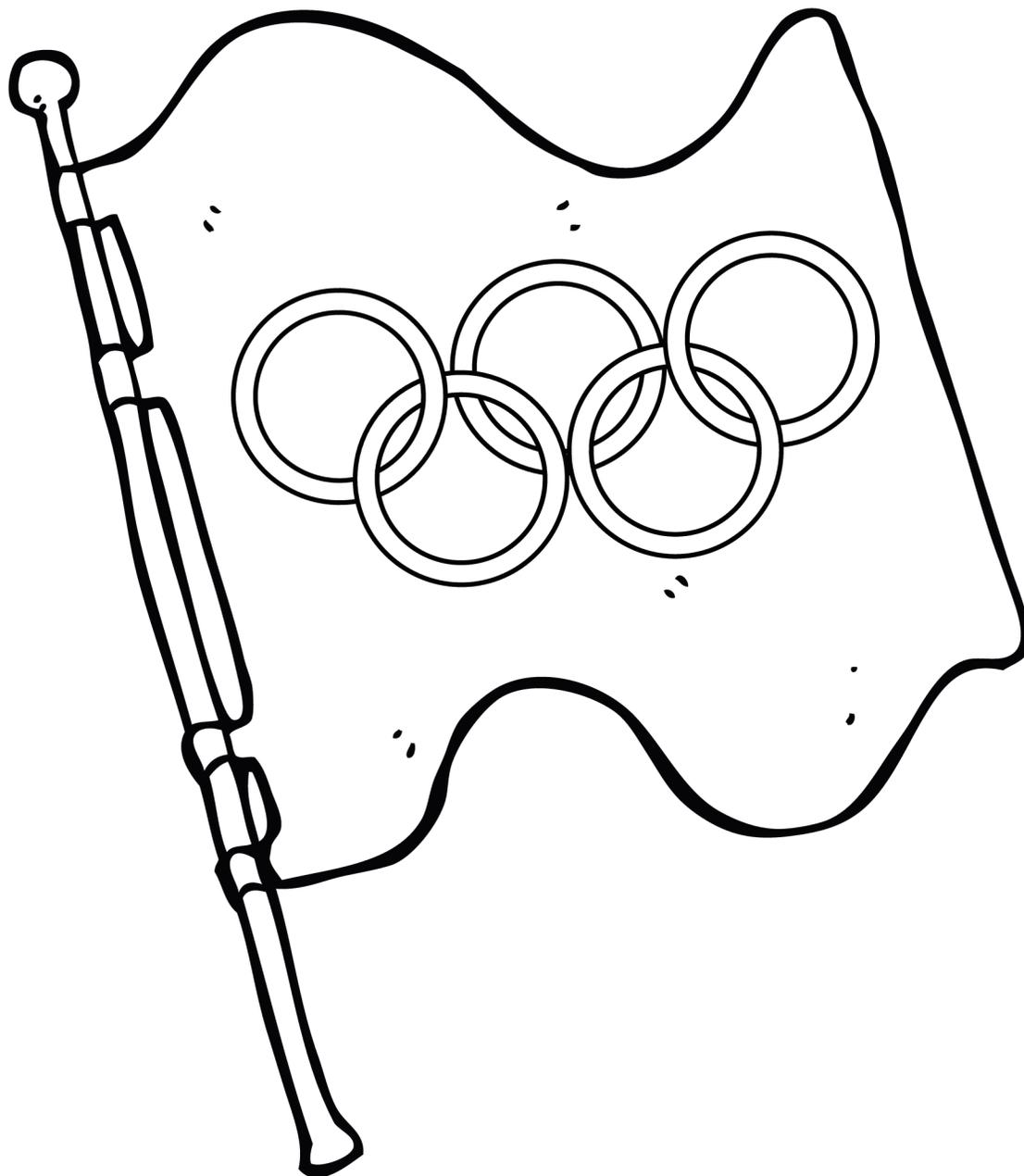
total

country	gold	silver	bronze	total

Name: _____

DATE: _____

OLYMPIC FLAG



- Created in 1913 by Pierre de Coubertin
- The Olympic flag has a White Background and the rings are Blue, Black, Red (top row) and Yellow and Green (bottom row)
- The 5 colors white background represented the colors of the flags of all nations at that time.
- The rings represent the 5 Continents who compete in the games .

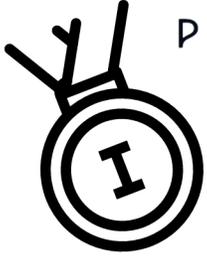
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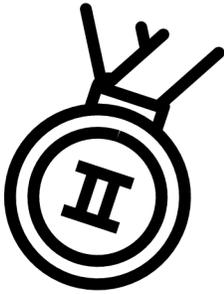
IF I WERE AN OLYMPIC ATHLETE..



PARIS 2024



**I WOULD LOOK
LIKE THIS...**



**I WOULD
COMPETE IN....**

**I WOULD CELEBRATE
MY WIN BY....**

.....

.....

.....

.....



4 FINGER KNIT

ANCIENT OLYMPIAN WREATH

handwork



OLYMPIC GAMES IN ANCIENT GREECE, CHAMPIONS WERE NOT AWARDED GOLD, SILVER, AND BRONZE MEDALS. INSTEAD, ANCIENT OLYMPIC CHAMPIONS WERE AWARDED AN OLIVE BRANCH TWISTED INTO A CIRCLE TO FORM A CROWN. SO WHAT BETTER WAY TO MAKE A CROWN BUT 4 FINGER KNIT!

WHAT YOU NEED:

Green Yarn
Scissors
Your Fingers

DIRECTIONS:

- 4 Finger Knit can be a bit tricky. Bulky yarn is easier to use when doing this knit but it's okay if you don't have it. We used thin yarn and it worked just fine!
- Make a slip knot and leave it on your index finger. Leave the little leftover strand behind your fingers and we are ready to begin!
- Take the working yarn and go behind the middle finger and wrap it around and continue all the way to the pinky.
- When you get to the pinky you take the yarn and go around and behind the ring finger and continue back to your index (pointer). You will always have 2 loops on three fingers, and the pinky will have a single in the beginning.
- Starting with the index you take the bottom loop and jump it over and follow with every finger to the pinky. At the end of your hand will have a single loop.
- Then you will take the working yarn and go behind and wrap around all the way to the pinky. Starting with the pinky you will start with the bottom loop and jump it over and tug as you go.
- Continue until you get a long enough piece to make a crown. Once you finish we are going to tie the end. Be sure to cut a small piece of yarn so we can tie the end. Make sure your working yarn is next to your index finger. If not, do one more knit till it's on that side.
- Start with your pinky, Take the loop from your pinky and place it on your ring finger. (This loop should be on top.)
- Take the Bottom Loop on your ring finger and jump it. Take the leftover loop on the Ring finger and jump to the middle finger. And continue till you get to the index.
- Just one loop left and take the remainder of the working thread and pull through the loop like a single finger knit.
- You should be able to tie the ends together and make a crown. You may need to adjust and that's okay!



OLYMPIC FLAME TORCH

handwork



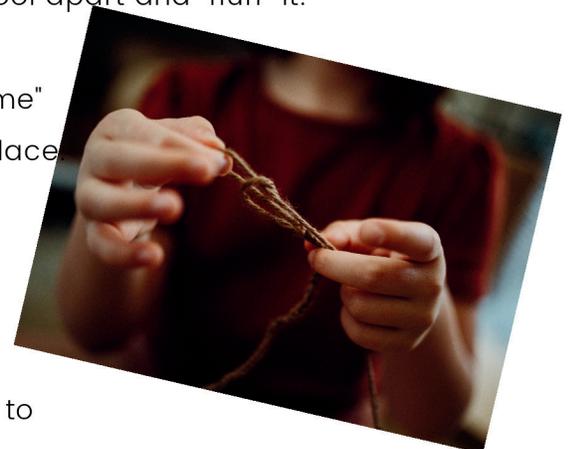
THE OLYMPIC TORCH IS ONE OF THE MOST IMPORTANT SYMBOLS OF THE OLYMPIC GAMES. THE FLAME IS A POSITIVE SYMBOL, DATING BACK TO ANCIENT GREECE, AND THE TORCH RELAY REPRESENT FRIENDSHIP AND PEACE. FIRST TORCH RELAY TOOK PLACE IN 1936. THE OLYMPIC TORCH IS RESPONSIBLE FOR CARRYING THE FLAME TO A SPECIAL CAULDRON IN THE HOST CITY. NOW MAKE YOUR OWN OLYMPIC TORCH.

WHAT YOU NEED:

- 1 Stick any size
- Wool Felt: Yellow, Orange, Red
- Brown Yarn
- Scissors
- Hot Glue
- Your Fingers

DIRECTIONS:

- Take your yarn and make a simple slip knot.
- Hold the tail with your right hand and hold the knot firmly. With your left hand put your thumb and ring finger to create a "Pincher" in to grab the active yarn and pull.
- You may need to make your loop smaller and you can pull until its the desired length. Continue until you get about long enough to cover your stick.
- To finish the end you will cut the yarn with your scissors and making a new tail. You take the tail and stick it through the loop and pull until it's tight.
- You take your Wool and make a flame you can pull the wool apart and "fluff" it.
- You can roll and pull to make a flame and add colors. Assemble them around the stick to create a "torch like flame"
- Take your cord and tie it around the flame so it stays in place. If you feel this isnt enough you may add hot glue to keep it in place and tie.
- Wrap the stick all the way to the bottom and add some glue at the end to secure the cord in place.
- Note: you can add glue along the stick but be careful not to burn yourself the glue is hot.



Name: _____

DATE: _____

THE TORCH

Research and write a brief historical overview of the origin of the torch during the Games.



PARIS 2024





Name: _____

DATE: _____

THE GAMES

How many of these sports can you identify?
Write them below:



PARIS 2024



PARIS 2024: OLYMPIC FACTS

There is an age-old sporting competition held in a different country every year, where the world's countries come together to compete in the widest range of sports in any singular competition.

This summer, that competition is set for a special revamp for athletes and viewers. France will host it this summer in Paris again; the last time was a 100 years ago.

Viewers of the competition will be experiencing many firsts as many official reported changes, it is sure to be an exposition of all the facets of French and Parisian culture as well as setting monumental milestones in the competition's history.

A TRULY ORIGINAL OPENING CEREMONY

The opening ceremony in Paris is expected to draw over half a million viewers to watch the first-ever outdoor ceremony.

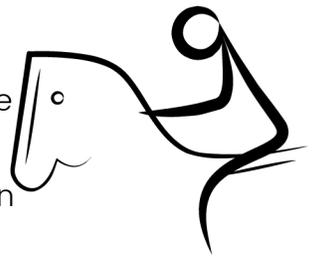
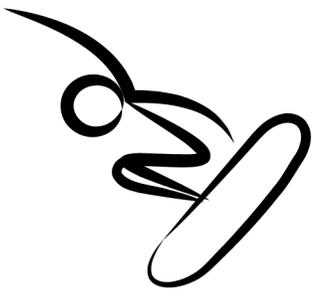
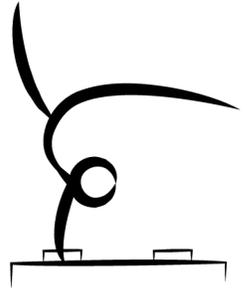
On the 26th of July each national delegation will float on boats down the river Seine through the centre of Paris, past world-famous monuments.

The journey for the 10,500 athletes will be 3.5 miles to the destination Trocadero, where the final show will take place.

SPORTS AND CULTURE COMBINED

Paris boasts some of the world's most famous and popular landmarks, which viewers and athletes will become very familiar with as the sporting venues are dotted around the city near these iconic places.

Volleyball spectators will look up to see the Eiffel Tower just outside the outdoor arena. Visitors to Paris and sports spectators will be able to travel the city easily by foot or public transport as 80% the competition venues are located within a 6.23 mile radius.



GENDER EQUALITY IN AND OFF THE FIELD

For the first time ever there will be an equal number of athletes in the male and female competitions.

Between the 26th July and 11th August 5, 250 men and 5, 250 women are set to compete. Paris will be the first of these competitions to have equal numbers of men and women participating. .

Not only will we see equal representation in the sporting arenas, by the local authorities in Paris have committed to renaming some sporting facilities with the names of prominent women to address the disparity of places named after women.



NEW SPORTS

Paris 2024 is adding four additional sports to enhance the variety of its sporting programme and appeal to young people in a gender-balanced way and encourage children all around the world to take up sports.

These four new sports that are closely associated with creativity and athletic performance is break dancing, competitive climbing, skateboarding, and surfing.



FRENCH FOOD FOR ALL

French cuisine is famous all around the world for its exquisite taste and flavour, now spectators and athletes are in for a treat as the theme for the official food options in fan areas and athlete villages is gourmet food, fresh and organic.

The combined efforts of farmers, chefs, artisans, restaurant owners, caterers, nutritionists and more will work together to showcase the most sustainable, delicious, and French food that France can offer.



OLYMPIC MEDALS

To celebrate the return of the Games to France, each Games medal is embellished with an original piece of the Eiffel Tower. To create this meeting between the most prestigious object of the Games and the iconic monument of France and Paris, Paris 2024 worked on the design of the medal with Chaumet, an LVMH Group company which is a Premium Partner of Paris 2024

Source: <https://olympics.com/en/paris-2024/the-games/the-brand/medals-design>

